

The Good Life Conversation



The following questions help explore contributions people might make to the communities in which they reside. They are suggestions an able conversationalist will sparingly dip into to discover which best suit the person and circumstances within which the conversation is happening.

A conversation progresses through stages from introduction to lasting connection. The Good Life Conversation questions are not intended to be used like a survey but instead help steer towards life enhancing conversations.

They can help guide through three of the steps that build to understanding the gifts and contributions a person can bring to the community:

discover the things that enrich a person's life

explore which passions can be developed into new options & contributions to community wellbeing

connect a person's gifts to other assets to create an abundant community

Gifts are abilities that we are born with. We may develop them, but no one has to teach them to us.

Gifts Of The Head

These are interests learned about and that we enjoy talking about and sharing knowledge with others, subjects and topic such as art, astronomy, history, movies, birds.

Gifts Of The Heart

These are activities we like to be involved with because we care deeply about them, causes and projects such as protection of the environment, civic life, children, caregiving.

Gifts Of The Hands

These are skills we know how to do and would like to show and share with others, crafts and activities such as carpentry, sports, gardening, cooking.



What are your gifts of the head?

What do you know about?
(music, movies, singing, playing music, history, languages, birds, sports, books, etc.)

discover



What are your gifts of the heart?

What do you care about?
(volunteering, listening, being with children, nursing, poetry, caring for others, etc.)

discover



What are your gifts of the hands?

What do you enjoy doing?
(recycling, gardening, cooking, walking, stamp collecting, quilting, fishing, arts and crafts, driving, plumbing, delivering, sewing, cutting hair, ushering etc.)

discover



What do you like doing that makes you forget time?
What gives you greatest joy or pleasure?
What are your passions?

discover



What are your favourite games?
Do you have other hobbies or special interests we have not talked about?

discover



What's your thing?
What's your jam?
How do you have fun?

discover

What contributions do you like to make to others?

explore

connect



What are the three activities you do best?

discover

Would you be willing to show someone else how to do one of them?

explore

connect



What kind of job (paid or unpaid) might be associated with your passion?

explore



What product or service would you enjoy selling?

If you could start a business, what would it be?

explore



Have you ever made anything?
Have you ever fixed anything?

discover

Can you imagine your most challenging characteristic turned into a gift or contribution?

explore



What are the three skills you would most like to learn?
What could you teach others?
What would you like to teach others?

explore



Which clubs or groups do you belong to?

discover

Which are organized around your passions?

explore

Which ones exist in your community?

connect



Where in the community do you think you could make your contribution / share one of your gifts?

explore

connect



What matters to you that you'd join with others in doing?

discover

explore

connect



If three of your neighbours were willing to help, what would you love to do to make your community a better place to live?

discover

connect





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