

FINDING YOUR passion

Before retiring, I worked with special needs children and in a nursing home



AND I HELPED MY MOTHER WITH ALZHEIMERS.



WHEN I RETIRED, I DISCOVERED...



...A PASSION TO HELP OLDER PEOPLE!

I THOUGHT ABOUT HOW CAN I RESPOND TO DIFFERENT NEEDS...



LESS MOBILE



LESS CONFIDENT.

... NOT EVERYONE IS ABLE TO COME TO A GROUP!

SO I STARTED A MOBILE KNITTING GROUP



TAKING THE ACTIVITY TO THOSE PEOPLE.

I get total satisfaction from seeing people pleased about achieving something!



IF YOU HAVE PASSION...



Maybe I can try something I like...!

...OTHERS GET INSPIRED TOO