

Stewardship Circle: Reflective Learning Journal Guidance

Summary of what happened (Be selective – Don't attempt to describe everything)

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New Learning

- What did I learn that was new to me?
- What insights did this new knowledge give to me? E.g.
 - did it help me see something in a new light?
 - did it help me understand something that I didn't understand before?
- How do I think this new knowledge or learning might be useful? How will I apply it (in my community building practice, in my leadership role, in my life)?

Personal Reaction

- How did I feel about what happened?
- What did I like or enjoy and why?
- What did I dislike and why?
- What did I find easy to do or understand and why?
- What did I find difficult or challenging to do or understand and why?

Action to be taken

- Is there any action that I will take as a result of what was done?
- Do I need to address any gaps in my knowledge that would help?
- Do I need to investigate or research any aspect further? If so, what?