Stewardship Circle: Reflective Learning Journal Guidance

Summary of what happened (Be selective – Don’t attempt to describe everything)

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New Learning

• What did I learn that was new to me?
• What insights did this new knowledge give to me? E.g.
  • did it help me see something in a new light?
  • did it help me understand something that I didn’t understand before?
• How do I think this new knowledge or learning might be useful? How will I apply it (in my community building practice, in my leadership role, in my life)?

Personal Reaction

• How did I feel about what happened?
• What did I like or enjoy and why?
• What did I dislike and why?
• What did I find easy to do or understand and why?
• What did I find difficult or challenging to do or understand and why?

Action to be taken

• Is there any action that I will take as a result of what was done?
• Do I need to address any gaps in my knowledge that would help?
• Do I need to investigate or research any aspect further? If so, what?